#### We all fall down



Gale Braun, RN, ADON Rolla Presbyterian Manor

## Plan D S A

Too many falls

Use of pressure alarms

#### Baseline Data

Reviewed number of falls since January, 2014

- Determined if and how falls were related:
  - Residents
  - Shifts
  - Time of day
  - Activities

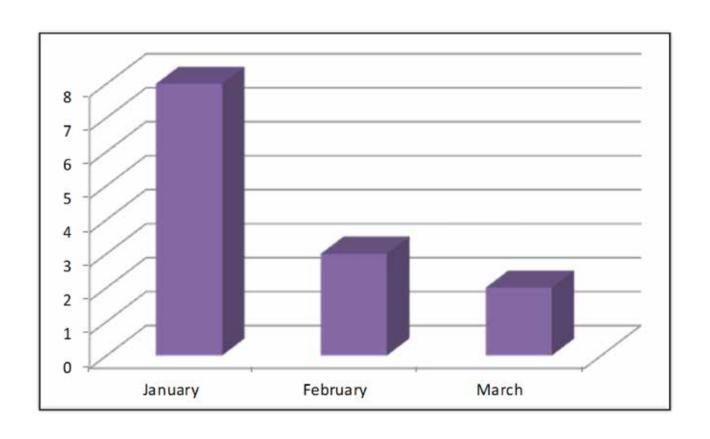
### P Do S A

 Moved dining room tables so oxygen concentrators (cording) were against walls

 Process Improvement Team educated staff about Fall prevention

Pressure alarms removed

### First Quarter Results



## P D Study A

 Trend – majority of falls occurred due to residents trying to self-toilet.

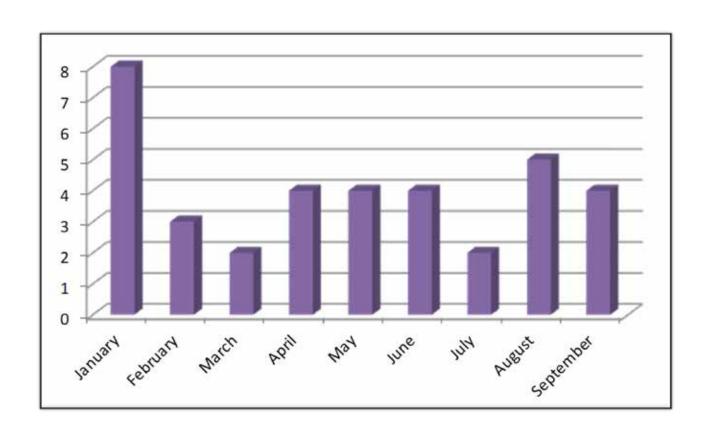
 Resident with repeat incidences was given education and an assistive device

 CareTracker messages to staff about importance of prompt toileting

### P S D Act

- During the cycle, it was determined that pressure alarms did not decrease the incidents of falls
- Mandatory inservice for all staff regarding fall prevention
- Results reported at quarterly Quality Assurance meeting
- Repeat as necessary

#### Results to date



# Thank you